

Faculty

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Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of SciMed and The Triangle Indian-American Physicians Society. SciMed is accredited by ACCME to provide continuing medical education for physicians.

Credit Designation

SciMed designates this educational activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Credit Requirements

There are no fees for participating and receiving CME credit for this activity. To successfully complete this activity, participants must:

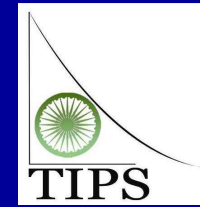
- Attend/participate in the entire educational activity and review the course materials
- Complete the activity evaluation, which includes request for credit section
- Return the completed forms to the registration desk
- Participants will be mailed a certificate or statement of credit within 4 to 6 weeks

Disclaimer

The opinions or views expressed in this CME activity are those of the presenters and do not necessarily reflect the opinions or recommendations of SciMed, TIPS, or the commercial supporters. Participants should critically apprise the information presented and are encouraged to consult appropriate resources for information surrounding any product or device mentioned.

Planning Committee

Abhay Agarwal, MD ~ Cary Medical Clinic
Vandana Devalapalli, MD ~ Duke/Harps Mill Internal Medicine
Rajendraprasad Makam, MD ~ Center for Digestive Diseases
Prashant Patel, MD ~ Cary Internal Medicine & The Diabetes Center
Ashwin Patkar, MD ~ Duke University School of Medicine
Pavan Yerramsetty, MD ~ Raleigh Neurology



The 5th Annual Triangle Indian – American Physicians Society CME Symposium

A CME Symposium jointly sponsored by the
Triangle Indian-American Physicians Society
(TIPS) & SciMed



Saturday, Oct 2nd, 2010
7:30 am – 1:00 pm

Renaissance Hotel
4100 Main at North Hills Street
Raleigh, NC 27609
Phone: (919) 571-8773

Program Agenda

7:30 am: Registration & Breakfast

8:00 am: Welcome & Introduction

Prashant Patel, MD, FACP

8:15 am: Extra-intestinal Manifestations
of Inflammatory Bowel Disease

Scott Plevy, MD

9:15 am: Emerging Technologies in the
Treatment of Spinal Disorders

Sameer Mathur, MD

10:15 am: Break & Refreshments

10:45 am: Keynote Speaker

Music, Medicine, Healing and
the Genome Project

Assad Meymandi, MD, PhD, DLFAPA

11:45 am: Bipolar Disorder: Strategies to
Improve Early Recognition
and Treatment

Richard Weisler, MD

12:45 pm: Closing Remarks

**Rajendraprasad Makam, MD,
MRCP (UK), FAGC**

1:00 pm: Adjourn

Educational Objectives

Upon completion of this program, participants should be able to:

- Discuss typical and atypical presentations of IBD
- Learn about various dermatologic presentations of IBD
- Discuss IBD related joint disease as it relates to bowel activity

- Discuss the common underlying pathologies that effect the cervical and lumbar spine
- Evaluate the efficacy of surgical and conservative treatment modalities
- Review new spinal technology that is available to treat spinal disease
- Enumerate the future trends in spinal surgery

- Have a deeper understanding of how music is generated
- A tour de force of history of music affecting the physiological functions going back to Greek, Egyptian and Persian time, evolving onto the modern 18th, 19th, 20th and now 21st centuries
- Experimental localization of the influence and effect of classical music on various parts of the limbic system such as thalamus, hypothalamus, hippocampus, fornix, mammillary bodies, associative cortex, and the hypothalamic pituitary adrenal axis (HPA)--Musical mapping of the brain
- Identify strategies where use of music could assist in caring for the sick
- Identify how genes within the cell produce music and how body cells compose their own music

- Outline the approaches and assessment tools to accurately diagnose Bipolar Disorder
- Compare and contrast available agents for the management of Bipolar Disorder in terms of efficacy and tolerability
- Implement strategies for the long-term management of patients with Bipolar Disorder

Purpose:

This is a program designed to update primary care physicians, cardiologists, nephrologists, neurologists, gastroenterologists and psychiatrists and physician extenders in upcoming hot topics for 2010.

Target Audience

This activity has been designed to meet the educational needs of primary care physicians, cardiologists, nephrologists, neurologists, gastroenterologists, psychiatrists and physician extenders.

Faculty Disclosures

All faculty participating in continuing education activities sponsored by SciMed are required to disclose to the audience any real or apparent commercial financial affiliations related to the content of their presentations and materials.

Program Registration

You may register by one of the following methods.

- 1) On-line Registration: www.trianglemd.org
- 2) Mail or Fax Registration form to address below:
Rajendraprasad Makam, MD
PO Box 307, 2054 Kildaire Farm Rd
Cary, NC 27518
Fax: (919) 854-0049
- 3) Email: cmersvp@trianglemd.org

